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# Achieve your wildest dreams

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I would like you to take a moment - take a step back and reflect on your life, where exactly are you? Have you achieved all of your dreams? Do you know exactly what your dreams are? Are you any closer to achieving your dreams now, than when you first began to desire them?

This report was written by someone who has reached a cross-roads in their life, somebody who realises the importance of self-motivation. Somebody who wants to share with you the most important step in achieving your own dreams...

***You MUST invest in yourself.***

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Switch off from the world around you for a moment, take a step back and absorb everything you are about to read, refer to this report often because these words might be the difference between success and failure. Any time you need direction, put everything you have learned here into practice – if you can do this, you will never look back.

Start your journey to success **NOW**. Forget everything which you believe is limiting you, when you learn these simple methods you simply cannot fail – it is your **right** to be **successful**.

To begin with, you must discover what success means to you. I am about to show you how to begin your journey by making it personal and helping you find a deep desire to succeed. Having a dream is the foundation to success, it is what will drive you and keep you focused when you are confronted with obstacles.

Very often, when we are not committed to something, it tends to get pushed to the back of our minds – things will find a way of making you stray from your goals and aspirations. Why? Because we are only human and life is unpredictable. Committing to a goal and seeing it through, not only brings success but also a feeling of wellbeing and great achievement. Doing so even when it seems that the world is conspiring against you is what makes you great. If you read biographies of the people you admire, you will notice a pattern emerging, successful people do not leave anything to fate, they make a decision to achieve something then they follow their dreams forsaking everything that prevents them from doing so. They set out with a goal and then they **DO** it

without question and with the mindset that failure is not an option. One thing that we need to bear in mind is that success is not measured in money, it is measured in achievement. When you set out to do something and then do it, that is success. This is the first and last thing which you need to consider when undertaking any task. Success feels good, what is even better is that it doesn't need to be a huge achievement, we can start small and allow our successes to accumulate one by one until our goals and dreams are realised.

It is my personal belief that everybody has the potential to succeed and that failing is a personal choice. Let me put it another way, it is only possible to fail if you have stopped trying. Unless you have given up, you are still doing what you have set out to achieve, and therefore still on the journey to success. In effect, you only fail if you give up, and this is the choice we make. This is also true for those who don't begin in the first place, falling at the first hurdle and not taking any action at all, this is failure because you have decided you want to do something and not even begun. Obstacles will invariably be put in our way, it's how we deal with these obstacles that determines whether we succeed or fail, whether we are successful people or unsuccessful people. It is this single lesson which will determine the rest of your life, career and any other pursuit you undertake. So many people have overcome difficult obstacles, why not adopt this attitude;

***“who am I to give up when people in far more difficult circumstances strive onwards.”***

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Success starts with a decision, “I am going to...” and then continues with action. Those of you who are reading this book, you have already made a decision that you want to learn how to succeed. When I left school I realised that I had a talent for inspiring people, in my working life people would come to me for advice, in my role as a salesman people trusted me and asked for my opinions. Why? Because I care about people. That was the underlying inspiration for my goal, to educate those who want to succeed and to inspire people to achieve greatness. It's my answer to a question I once asked myself, “what have I done to justify my existence.” I would like to thank you for giving me the opportunity to share the benefits of my hard work, research and experience with you.

Success is addictive, once you have had your taste of it you want more. By taking action and striving to achieve something you will find that opportunities

come your way and obstacles of any size can be overcome if you just keep on going.

When people have goals, one of the main reasons that they give up and ultimately fail is that they do not have a definite purpose, the goal has no context. Many people pick a goal and blindly aim for it, they need to also decide WHY they want to pursue that goal, this is what will motivate and keep them focused. Take these two examples.

John said “I am going to earn a million pounds this year.”

Sarah said “I am going to earn a million pounds this year because I want to use some of that money for my children, help out my family, free up my time and take off the pressures of everyday life so that I can spend more time doing the things that I want to do”

Which is more powerful, which one would you say is more likely to succeed? Which one do you think is going to be more motivated to overcome the obstacles put in their way because they have a clear and definite purpose.

If we assume they both came up against the same obstacles, what would differentiate John and Sarah? Sarah could ask herself, “am I going to let this obstacle get in the way of my dream? Is this obstacle going to rob me of my freedom and rob my children of their security?” A clear and definite purpose for achieving your goal is essential to your success.

If you set a goal, decide on the purpose. Choose something that is important to you. That “higher calling” needs to be the most important thing in the world to ensure your success. Pick something that is really important to you, make success your ONLY option.

I invite you to take some time to write down some things about your desires, we all have them, but everyday life has a habit of making them seem less important, eventually we get into the habit of submitting to life’s every whim and existing instead of living. By allowing life to control us, we lose control. By taking this step back to take stock of our goals we can regain that control and focus on what is really important to us.

## **What is your dream?**

I want you to write down as many things as you can, they can be as big or as small as you like. They could be: Financial freedom, skiing on the slopes of an exclusive resort, sailing your own yacht in the Caribbean, spending more time with the people who are important to you. Don't discriminate between the ideas yet, just write down anything you've ever wanted to do.

Now, which of these really burns into your heart? Which single one of these is going to make you feel best? Feel really good about yourself? Which will bring you the most happiness? Spend some time imagining doing each of them and let your feelings guide you on this.

## **How much will it cost to fulfil your dream?**

This is an important piece of research you will have to do, find out EXACTLY how much it will cost because this will form part of your plans, you will need to earn your dream. By knowing exactly how much it will cost to fulfil your dream, you can easily check your progress and how far you have left to go.

## **What would you do to get there?**

I now invite you to write down the things you would do to achieve this dream. Don't just write ANYTHING IT TAKES, this is unspecific and will not call you into action. For example; are you prepared to work extra overtime, sacrifice a few of the treats you pay extra for, are you prepared to start a small or part time business, are you prepared to spend some of your time working towards it, are you prepared to sell some of your knick-knacks and possessions to help fund the venture? These are suggestions that are on my list, your own list needs to be specific to you. If you can't populate your list with at least 5-10 things which you WOULD do to achieve your dream, I suggest you pick another one because that dream isn't the one you ultimately see yourself doing. When we have a burning desire to fulfil our dreams we will do anything it takes. Write down all the things you could or would possibly do to put you in the position you desire.

## **Why do you want it?**

Why do you want that dream so badly, think of the emotions it brings with it. Imagine yourself sometime in the future. You've achieved your dream and you're there, experiencing it right now. What does it look like, what does it

sound like, what does it smell like, what does it taste like, what does it feel like. When I think about my number one dream I get shivers, huge surges of energy,

### **What does your dream mean to you?**

Write down all the feelings that come with the dream.

### **When do you want it?**

I suppose you'd really want that dream to be true now wouldn't you? I do, that's why I'm working every day to make mine come true. Do you honestly and sincerely want your dream to be a reality now?

Now, I invite you to write down the following statement in a way that is specific to your own dreams.

**I am going to (earn the necessary money) and do (the necessary things) because I am going to (achieve my dream), I am going to achieve this dream because it is the most important thing to me for the following reasons, (write your reasons here). I want it NOW, every day I am not on the path to achieving my dreams is another day I am postponing it so I am going to take action NOW.**

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If it seems impossible to achieve, you need to consider the following statement.

When someone says, "it can't be done", someone else is out there proving them wrong.

It takes effort to achieve your dreams, but when you're there would you look back and regret what you did to make it happen? Or would you enjoy what you've got, thankful for your determination.

Take 5 minutes out of each day to visualise and totally immerse yourself in your ideal situation, experience that dream as if it were real.

Now, imagine yourself driving down the road towards your destination, your destination is your dream, you're half way there when your car breaks down... do you walk towards your dream or back home?

## **What does it take to be a successful person?**

### **They have a dream:**

Firstly you must have a dream, a definite purpose. We have already discovered that a dream is the foundation of success, it is what drives us on when we are faced with obstacles. It's what tells us we can when others say we can't.

### **They have a plan:**

A plan is your road map to success. It takes you from where you are now, to where you want to be. Like they say; when you fail to plan, you plan to fail. If the dream is the foundation, then the plan is the architect's drawing. The "how-to," step-by-step instructions as to how you will achieve your dream.

### **They are willing to work hard:**

Successful people don't always need to work hard, but the key word is "willing." They will do what it takes to make their dreams come true, as opposed to those who will simply give up when it is too much effort. When you work hard at doing something the end result is always that much more enjoyable.

### **They don't take no for an answer:**

Nobody has any right to stop you from achieving your dreams, in the same way that they have every right to pursue theirs. No is just another obstacle which needs to be overcome. In the same way that if you tell yourself you can't do something, you have to change your way of attitude because it's only you that can decide what you can and can't do.

### **They are focused:**

By concentrating on the goals and objectives, you will find that you achieve more. You won't get sidetracked and you won't procrastinate. By focusing, you will be able to do things effectively and be highly productive.

### **They learn how to get things done:**

To succeed takes action, you need to do what it takes. When you don't know how to do what it takes you must learn how to do it. Expanding your knowledge is essential in achieving. When you do know how to do something,

you do it and then move onto the next thing. Never waste time, you are only delaying your enjoyment of your own dream.

**They don't make excuses:**

The only person you're accountable to is yourself, you are responsible for your own success.

**They make decisions:**

When you make a decision, follow it. If it doesn't work out, learn from it. Don't put off making decisions just in case you make a wrong one.

**They learn from their mistakes:**

Mistakes are something to learn from. If you make a mistake, correct it, then move on.

**They are passionate:**

When you are passionate about something, you will find that people respond positively to it. Opportunities will be presented to you and you will be ready to receive them. Who would you rather be around, someone who is excited or someone who is not motivated?

**They are personable:**

Be friendly, learn how to lead and influence people. When you are someone who other people want to be around, when people want to help you, you will find that you will succeed much faster. Everybody needs help to succeed, simply by being a nice person you will find that others are far more likely to offer their help and support. Nobody wants to see you fail if you are a nice person. Help others, and they will help you.

## **How to create self confidence**

One of the things which stops people in their tracks when they come against an obstacle is a lack of self confidence or low self esteem, everybody at some stage in their life has experienced this. It is just an obstacle and can be overcome with a simple decision. Am I going to let my lack of self confidence or low self esteem imprison me or am I going to conquer it? It's said that a bumblebee is aerodynamically unable to fly and by rights shouldn't be able to do it. Do you think a bumblebee knows this? We've probably all heard a story of people overcoming huge difficulties. Think about the person being told by doctors that they'll never walk again and then running a marathon. There are many books about creating self confidence, the truth is it comes from within and it comes from knowing deep within yourself that YOU have achieved in the past and YOU have the potential to achieve anything.

### **What have you achieved in the past?**

Think about the things you've achieved in the past, things like learning a subject at school (learning is an achievement, although the lecturer/teacher is there to assist by providing you with the tools, it's YOU that chooses to take that knowledge on board and learn from it), bringing up your child, getting a job you wanted, gaining friends in a new town you've moved to. YOU did those things, because YOU had the potential to do them. Take a moment to enjoy that fact, it feels good knowing that you were the reason. You chose to make those things happen, you also had the other choice, you could have chosen not to learn at school. You could have decided to become a recluse and not make those friends. You could have decided you couldn't be bothered to go for that job even though you wanted it, but you didn't. Be grateful that you have the ability to make those decisions, choose not to regret any of the decisions that might not have worked out for you. Use them as a stepping stone, after all, they are the reason that you are who you are today.

Look around you at people you see as successful, in what way are they different to you?

We breathe the same air, we have the same opportunities. Some of us choose to take them, others choose not to. Where would you rather be?

Let successful people inspire you, they can achieve great things and so can all of us.

## **What inspires you?**

Think about the things that inspire you, is it the idea of fame, acceptance, money, family? Let them continue to be an inspiration to you and be thankful that these things are there to guide you.

If you take one thing away from reading this report, and I hope you do, let it be that you know you have the potential to make your dreams come true – each one of us as human beings has that potential and I sincerely hope that you find your dream, and do what it takes to make it happen.

This report is dedicated to your success.

Iain Legg

<http://www.TheDreamReports.com>

## **Highly Recommended Resources**

**[Wealth, Money and Power](#)** – Modern science meets ancient wisdom to reveal the true secrets of the universe. Mind blowing.

**[The Jackrabbit Factor](#)** – Probably the best book ever written about *The Law Of Attraction*. Beautifully written fictional story teaches you the principles behind ‘the secret’ that could change your life forever.

**[The Dream Reports](#)** – **Very** special reports to improve your life.